48. (a) Hooke's law and the work done by a spring is discussed in the chapter. Taking absolute values, and writing that law in terms of differences ΔF and Δx , we analyze the first two pictures as follows:

 $|\Delta F| = k |\Delta x|$ 240 N - 110 N = k(60 mm - 40 mm)

which yields k = 6.5 N/mm. Designating the relaxed position (as read by that scale) as x_0 we look again at the first picture:

$$110 \,\mathrm{N} = k \,(40 \,\mathrm{mm} - x_{\mathrm{o}})$$

which (upon using the above result for k) yields $x_0 = 23$ mm.

(b) Using the results from part (a) to analyze that last picture, we find

$$W = k (30 \,\mathrm{mm} - x_{\mathrm{o}}) = 45 \,\mathrm{N}$$
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