54. Although the object in question is a sphere, the area A in Eq. 6-16 is the cross sectional area presented by the object as it moves through the air (the cross section is perpendicular to \vec{v}). Thus, A is that of a circle: $A = \pi R^2$. We also note that 16 lb equates to an SI weight of 71 N. Thus,

$$v_t = \sqrt{\frac{2F_g}{C\rho\pi R^2}} \implies R = \frac{1}{145}\sqrt{\frac{2(71)}{(0.49)(1.2)\pi}}$$

which yields a diameter of 2R = 0.12 m.