68. The net force is in the y direction, so the unknown force must have an x component that cancels the $(8.0\,\mathrm{N})\hat{\mathrm{i}}$ value of the known force, and it must also have enough y component to give the 3.0 kg object an acceleration of $(3.0\,\mathrm{m/s^2})\hat{\mathrm{j}}$. Thus, the magnitude of the unknown force is

$$\left| \vec{F} \right| = \sqrt{F_x^2 + F_y^2} = \sqrt{(-8.0)^2 + 9.0^2} = 12 \text{ N }.$$