34. We adopt the positive direction choices used in the textbook so that equations such as Eq. 4-22 are directly applicable. The coordinate origin is at its initial position (where it is launched). At maximum height, we observe $v_y = 0$ and denote $v_x = v$ (which is also equal to v_{0x}). In this notation, we have

$$v_0 = 5v .$$

Next, we observe $v_0 \cos \theta_0 = v_{0x} = v$, so that we arrive at an equation (where $v \neq 0$ cancels) which can be solved for θ_0 :

$$(5v)\cos\theta_0 = v \implies \theta_0 = \cos^{-1}\frac{1}{5} = 78^{\circ}.$$