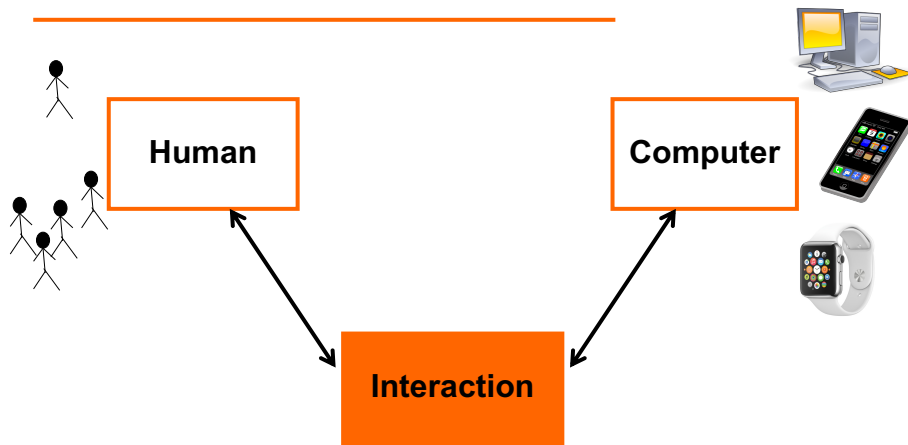


## Interactive System components

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# Human

# Human

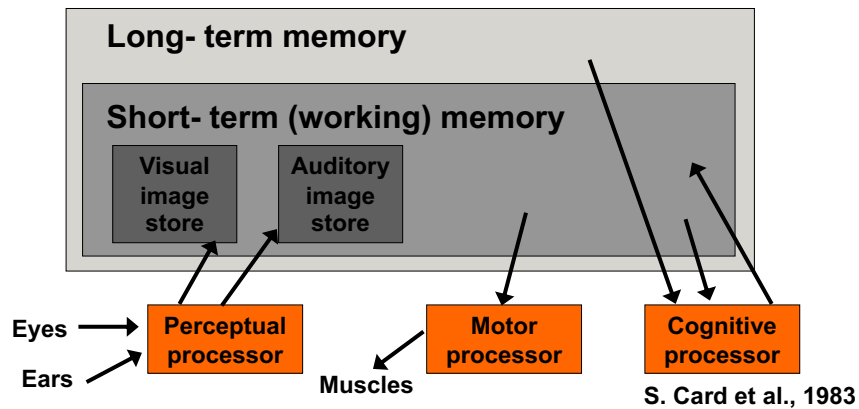
- **Human have limited capacities to process information**
- **The information is received and sent through several input/output channels:**
  - Visual
  - Auditory
  - Haptic
  - Movement
- **The information is stored in memory:**
  - Sensory memory
  - STM
  - LTM
- **The information is processed and applied:**
  - Reasoning
  - Problem solving
  - Knowledge acquisition
  - Error
- **Users share many capabilities, but, at the same time, they have many different characteristics that influence the way they interact with the surrounding environment.**

# Human

- **“Model Human Processor” (S. Card et al., 1983) – a simplified view of the human processing involved in interacting with computer systems:**
  - Perceptual system – handle the sensory stimulus from the outside world.
  - Motor system – controls actions.
  - Cognitive system – provides the necessary processing to connect the two above.
- **Processing and memory is required at all levels.**
- **The model includes a set principles of operation which dictate the behaviour of the systems under certain conditions.**

# Human

- Model Human Processor (MHP)



# Human

- Model Human Processor (MHP)

- Processors' cycle time
  - $T_p \cong 100\text{ms}$  [50-200ms]
  - $T_m \cong 70\text{ms}$  [25-170ms]
  - $T_c \cong 70\text{ms}$  [30-100ms]

# Human

- Model Human Processor (MHP)
  - Perceptual fusion
    - 2 events (stimuli) in the same cycle time (Perceptual processor –  $T_p \cong 100\text{ms}$ ) appear fused (in the same frame).
- Motion picture -  $1/T_p$  frames/second are enough
- Feedback in  $< T_p$  feels instantaneous
- Sense of causality



# Human

- A more simple model:
  - Receive information and respond through input/output channels.
  - The information is stored in memory.
  - The information is processed and applied in several ways.
- Human capabilities are relevant...
- ...as well as the individual differences.

## Human - I/O channels

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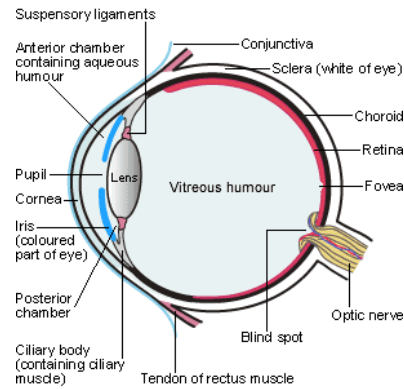
- Input → senses
- Output → motor control
- Senses:
  - Sight, hearing, touch, smell and taste.
- Fingers, eyes, head, vocal system.

## Human - Vision

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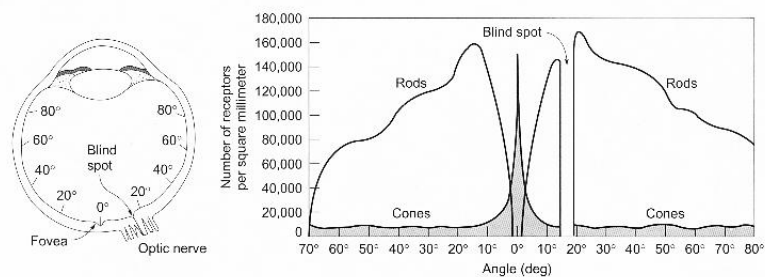
- Primary source of information for the average person
- Two stages:
  - Reception of physical stimuli
  - Stimuli interpretation and processing
- Vision apparatus: eye
  - Mechanism that receives light and transforms it in electrical energy.
  - Light is reflected from objects; their image is focused upside down in the back of the eye.
  - The retina contains 2 types of photoreceptors: rods, highly sensitive to light, allowing us to see under a low level of illumination (dominate peripheral vision); and cones, allowing colour vision (sensitive to different wavelength of light).
  - Ganglion cells: X-cells detect patterns and Y-cells detect movement.

# Human - Vision



# Human - Vision

## Distribution of rods and cones in the retina



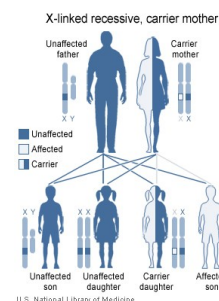
# Human - Vision

- Colour
  - Three components: hue, intensity and saturation
  - Cones are sensitive to light of different wavelengths. There are 3 different types of cones, each sensitive to a different colour light.
  - Only 3-4% of the fovea is occupied by cones which are sensitive to blue light (blue acuity is lower – don't use blue for small details).
  - 8% of males and 1% of females suffer from colour blindness.

# Human - Vision

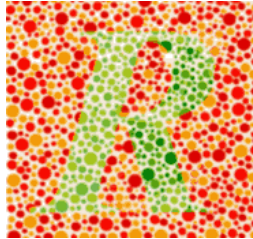
- Colour blindness
  - “Recessive” gene located in chromosome X
  - Males can only transmit colour blindness to their daughters.
  - Better night vision

Genotype	Phenotype
$X_D   X_D$	Female with normal vision
$X_D   X_d$	Female with normal vision
$X_d   X_d$	Female with colour blindness
$X_D   Y$	Male with normal vision
$X_d   Y$	Male with colour blindness

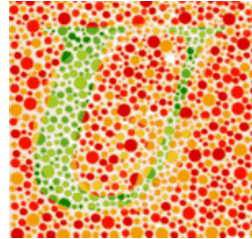


# Human - Vision

- Colour Blindness
  - Ishihara test



1



2

# Human - Vision

- Colour blindness
  - Ishihara test

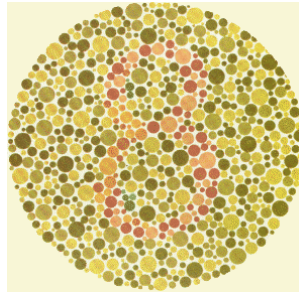
Image	Normal vision	Deficient perception of red and green	Lack of colour perception
1	R	E	--
2	U	G	--



# Human - Vision

---

- Colour blindness
  - Ishihara test



# Human - Vision

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- Visual processing
  - Visual processing involves the transformation and interpretation of a complete image, from the light that is thrown onto the retina.
  - Our expectations affect the way an image is perceived:
    - If we know that an object is a particular size, we will perceive it as that size no matter how far it is from us.
  - Visual processing compensates for the movement of the images on the retina and changes in luminance.

## Human - Vision

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- Perceptions
  - are not a mere sum of sensations...
  - are influenced by:
    - our current emotional state
    - the context
    - our experience
    - ...

## Human - Vision

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- Perceiving size and depth
  - If we expect an object to be a certain size then we can judge its distance accordingly.
  - If objects overlap, the object which are partially covered is perceived to be in the background.

## Human - Vision



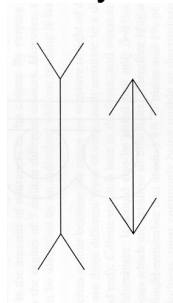
From Joel Santos, Fotografia, Centro Atlântico, 2010

## Human - Vision

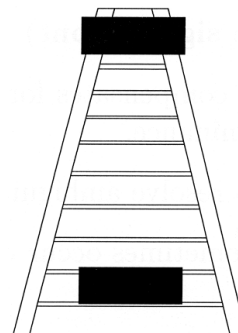
- Visual processing

Optical illusions sometimes occur due to overcompensation

### The Muller-Lyer illusion



### The Ponzo illusion



## Human - Vision

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## Human - Vision

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- Visual processing
  - Context is used to solve ambiguities



# Human - Vision

- Visual processing

ABC

1234

# Human - Vision

- Reading

- When reading we make a series of fixation-saccade-fixation sequences.
- Reading eye movements:
  - saccades, the eye movement itself
  - fixation duration or the intersaccadic interval
  - regressions (i.e. right-to-left eye movements)
  - return sweeps (going from the end of one line to the beginning of another).
- No information is taken in during saccades (10-25 msec), regressions (10-25 msec) or return sweeps (40 msec).
- During fixation (250 msec) a visual pattern is reflected on the retina.

# Human - Vision

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- Reading
  - Several stages
    - Visual pattern perception (characters and words)
    - Decode with reference to an internal representation of language
    - Interpretation by syntactic and semantic analysis
  - Font size, spacing, line length have influence in the reading speed.
  - Adults read approximately 250 words a minute.
  - Reading from a computer screen/Book: Speed? UX?

# Human - Vision

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- Reading
  - Font sizes of 9 to 12 points are equally legible, given proportional spacing between lines.
  - Line lengths of between 58 e 132 mm are equally legible.
  - Negative contrast (dark characters on a light screen) provides higher luminance and, therefore, increased acuity than positive contrast.

# Human - Audio

- Hearing

- Provides us with information about our environment:

- Objects, distances, directions, ...

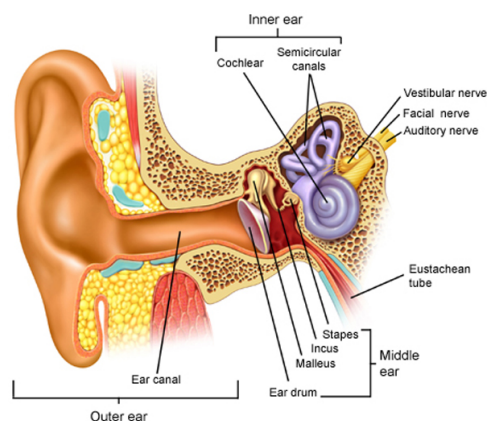
- Try to close your eyes and listen:

- What sounds can you identify?
    - Where do they come from?

- Human ear

- Outer ear: protects the middle ear, collects sound waves and channels them down the ear canal to the middle ear and amplifies some sounds.
    - Middle ear: transmits the sound waves, as vibrations, to the inner ear.
    - Inner ear: Chemical transmitters are released and causes impulses in the auditory nerve.

# Human - Audio



## Human - Audio

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- Sound (vibrations in the air):
  - Pitch – sound frequency
  - Loudness - amplitude
  - Timbre - type or quality
- Humans are able to identify sound's location
- Audible frequencies: 20Hz a 20kHz
  - Less accuracy at high frequencies.
- The auditory system filters the sound – we are able to distinguish sounds despite of the background noise
  - Cocktail party effect

## Human - Audio

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- How can we use the properties of sound, effectively, in interface design?



## Human - I/O channels

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- Touch
  - Provides important feedback information about the surrounding environment.
    - Catch a glass of water without feeling it.
    - Manipulation of objects in virtual reality systems.
  - It is an essential sense for visual impaired people.
  - Stimuli are received by sensory receptors in the skin.
  - Some areas of the body are more sensitive than others.
    - Two-point threshold test
  - We are aware of the position of our body and limbs (affect performance).

## Human - I/O channels

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- Movement
  - Movement time:
    - Stimuli reception → processing → response generation
    - Depends on physical characteristics: age, fitness, ...
  - Reaction time
    - Depends on the type of stimuli
      - visual: 200ms
      - auditory: 150ms
      - pain: 700ms
    - Combined stimuli reduces reaction time.
    - Reduce with skills and practice and increases with fatigue.

## Human - I/O channels

---

- Movement
  - Accuracy:
    - Speed of reaction results in reduced accuracy?
      - Depends on the task and the user
      - Video gamers / Keyboard operators
  - Speed and accuracy to move to particular target on the screen (button, icon, menu item).
    - Depends on the size of the target and the distance that have to be moved.

## Human - Movement

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- Fitts' Law
  - Describes the time a user takes to select a target on the screen.
  - Time ( $Mt$ ) to move your hand to a target of size  $S$  at distance  $D$  is:
    - $Mt = a + b \log_2 (D / S + 1)$ 
      - $Mt$  – movement time
      - $a$  e  $b$  – empirically determined constants
      - $D$  - distance
      - $S$  - size
  - In general:
    - Targets should be as larger as possible
    - Distances should be as small as possible

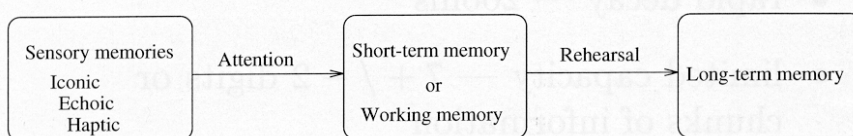
# Human - Movement

- Fitts' Law

- Targets at screen edge are easy to hit
  - Mac/Windows menubar
- Hierarchical menus
  - Windows – 500ms timeout (sense of causality is lost).
  - Mac - triangular zone, spreading from the mouse to the submenu, in which the mouse pointer can move without losing the submenu.
- Linear pop-up menus vs pie menus
- [Fitts' law demo](http://few.few.vu.nl/hci/interactive/fitts/) (<http://few.few.vu.nl/hci/interactive/fitts/>)

# Human - Memory

- Three types of memory:



- Sensory Memory

- Buffers for stimuli received through the senses:
  - iconic – visual stimuli
  - echoic – aural stimuli
  - haptic – touch
- Constantly overwritten as new information arrives.

## Human - STM

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- Short-Term Memory (STM)
  - “Scratch-pad” for temporary recall of information
    - Example: Mental calculations, reading.
  - Quick access: 70ms
  - Quick decay: 200ms
  - Interference causes faster decay
  - Limited capacity:  $7 \pm 2$  information blocks (Miller's law).
  - Desire to complete and close tasks held in the STM

## Human - STM

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- Example:

**7561093**

## Human - STM

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- Example:

?

## Human - STM

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- Example:

**36B789C563**

## Human - STM

---

- Example:

?

## Human - STM

---

- Example:

**643 71B 83M6**

## Human - STM

- Example:

?

## Human - STM



# Human - STM

- Example:

**WAU HTP NYD KSD YHB**

**IBM BMW FBI URL ATM**

**ABC DEF GHI JKL MNO**

# Human - Memory

- Can you remember a 50-digit number?  
(after seeing it for 1 second)

**111**



# Human - LTM

- Long-Term Memory
  - Knowledge repository
    - Slow access time: 1/10 second
    - Little decay (if any)
    - Huge capacity (or unlimited)
  - Two types:
    - Episodic: memory of serial events.
      - Ex: remember the events that took place in a certain moment of our lives.
    - Semantic: structured record of facts, concepts and skills. Represents relationships between information.
      - Ex: if Snoopy is a dog => Snoopy has 4 legs.
    - Semantic LTM derived from episodic LTM

# Human - LTM

- Processing in the LTM
  - Information storage
    - STM → LTM by rehearsal
  - Studies show:
    - Total time hypothesis - The amount of information learned is proportional to the amount of time spent learning.
    - Distribution of practice effect - Learning time is most effective if it is distributed over time.
    - Structure, meaning and familiarity make information easier to remember.

## Human - LTM

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- Example:

Hot   Fair   Big   Age   Value   Idea   New

## Human - LTM

---

- Example:

?

## Human - LTM

---

- Example:

Egg   Orange   Rose   Car   Glasses   House   Shoe

## Human - LTM

---

- Example:

?

# Human - LTM

---

- Processing in the LTM
  - Forgetting
    - Information is gradually and slowly lost.
    - LTM is selective and influenced by emotions
      - We tend to remember highly emotive events than mundane ones.
      - “Good old days”
    - Apparently, new information replaces the old one (retroactive inhibition), but sometimes old memory interferes with new information (proactive inhibition).
    - Do we forgot information or we just are not able to retrieve it?
      - Tip of the tongue experience
      - Recognition

# Human - LTM

---

- Processing in the LTM
  - Information retrieval
    - Recall (relembrar)
      - Information is reproduced from memory. Cues can be helpful (categories, images, ...)
    - Recognition (reconhecer)
      - The presentation of the information provides the knowledge that the information has been seen before. Easier than the recall process – the information is the cue.
    - Examples: Colleagues from the 4th grade, quiz shows.

## Human - Memory

---

- You will see 10 3-character string
- One at a time
- Try to remember them
- The order is not important
- Can't write them down before I say so

## Human - Memory

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WAT  
HEP  
CAX  
NOF  
TEH  
DOK  
RIJ  
ZIB  
BAL  
MEQ

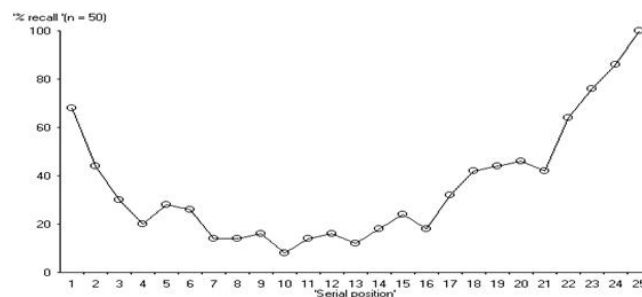
# Human - Memory

Write down the strings you remember,  
now!

# Human - Memory

- Primacy and recency effects

Typically words at the start of the list and especially those at the end tended to be recalled most often



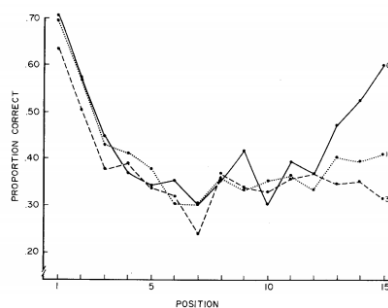
Murdock, 1962

# Human - Memory

- Same exercise, but...
- Count down from 100, altogether and aloud, before writing down the strings

# Human - Memory

- Primacy and recency effects  
Delaying recall by 30 seconds prevented the recency effect.



Glanzer and Cunitz, 1966

# Human - Thinking

- Reasoning

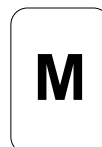
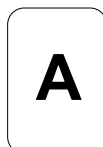
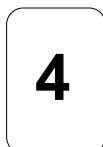
- Deductive: derives the logically necessary conclusion from the given premises.
  - Ex: Ex: If  $x=3$  AND if  $y=4$  Then  $x+3y=15$
- Inductive: generalize from cases we have seen to infer information about cases we have not seen.
  - Ex: all the elephants I have seen have trunks, so all the elephants have a trunk.
  - Not reliable: we can only prove that it is false.
  - We are better using positive than negative evidences.
- Abductive: reasoning from a fact to the action or state that causes it. Method we use to derive explanations.
  - Ex: Manuel drives at high speed if he is drunk  $\Rightarrow$  if Manuel drives at a high speed than he is drunk.
  - Not reliable: the cause could be different than the usual, leading to false explanations  $\rightarrow$  confusion in interactive systems.

# Human - Thinking

- Reasoning

- Watson's cards

- Each card has a number on one side and a letter on the other.
- Which cards would you need to turn to evaluate if the following statement is true? "If a card has a vowel on one side it has an even number on the other"

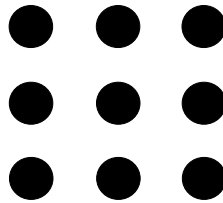




# Human - Thinking

- Problem solving

📖 Conceptual Blockbusting, James L. Adams, Basic Books, New York, 2001



# Human – Individual differences

- Individual differences

- In interface design we should consider individual differences
- Three main types of differences
  - Long term: sex, physical and intellectual capabilities
  - Short term: stress, fatigue, ...
  - Changes: age, idiosyncrasies...
- Be aware if a design decision may exclude part of the target users population.
- In the same group of target users significant differences can be noticed.
- **The users should not be forced to work on their perceptual and cognitive limits.** They should feel comfortable in using the systems.

# Human - Emotions

- Emotions

- The biological response to physical stimulus is called affect.
- Affect influences how we respond to situations
  - Positive emotions – creative thinking, complex problem solving
  - Negative emotions – restrict reasoning.

“Negative affect can make it harder to do even easy tasks; positive affect can make it easier to do difficult tasks.”

Donald Norman, Emotional Design

- Build interfaces that promote positive responses (aesthetic).

# References

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- Card, S.K., Moran, T. P. and Newell, A., The Psychology of Human Computer Interaction. Lawrence Erlbaum Associates, Hillsdale, New Jersey, 1983.